

Pregnancy loss and the death of a baby: Sands training for multi-disciplinary groups One-day workshop – day plan

9.00 **Registration** – *Delegates must be registered and seated by 9.20am*

9.30 **Workshop Begins**

Introductions and Outline of the day

Overview of Sands work nationally

Group Introductions and Expectations

Feelings Associated with Expecting a Baby and a Childbearing Loss

The Unique Nature of Childbearing Loss

Parent's personal experience

Information about your local Sands group

11.10 **Break** (20 minutes)

11.30 Wider impact of a baby's death

Childbearing Losses and the Professionals Involved

Supportive listening skills

Breaking bad news & reactions to grief – skills practise

1.10 **Lunch** (45 minutes)

1:55 Creating memories

What helps? What hinders?

Enabling informed choice - skills practice

3.15 **Break** (15 minutes)

3.30 Support for professionals

Ongoing care and care in another pregnancy

Personal objectives & review of the day

4.30 **Workshop Ends**

For further information please contact training.professionals@uk-sands.org

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