

Pregnancy loss and the death of a baby: Sands training for midwives One-day workshop – day plan

- 9.00** **Registration** – *Delegates must be registered and seated by 9.20am*
- 9.30** **Workshop Begins**
Introductions and Outline of the day
Overview of Sands work nationally
Feelings Associated with Expecting a Baby and a Childbearing Loss
The Unique Nature of Childbearing Loss
Parent's personal experience
Information about your local Sands group
- 11.10** **Break** (20 minutes)
- 11.30** Wider impact of a baby's death
Types of Childbearing Loss
Supportive listening skills
Breaking bad news & reactions to grief – skills practise
- 1.10** **Lunch** (45 minutes)
- 1.55** Creating memories
What helps? What hinders?
Enabling informed choice - skills practice
- 3.10** **Break** (15 minutes)
- 3.25** Support for professionals
Ongoing care and care in another pregnancy
Best practice points & personal objectives
Review of Session and Resources

For further information please contact training.professionals@uk-sands.org

4.30

Workshop Ends



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